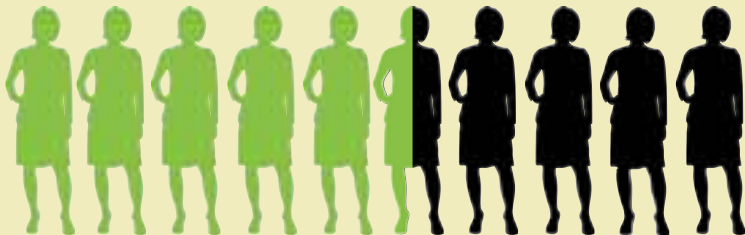






"My workload has spiralled out of control. No matter how hard I work, I simply cannot keep up."

55% of teachers
cite **excessive workload** as
their **number one concern**
about their job





"The long hours encroach on my evenings, weekends and holidays. I have no time for my family."

60 hours per week

Teachers across all sectors now work an average of 60 hours per week





"The amount of paperwork I am required to do is unnecessary and distracts me from focusing on teaching and learning."

TOP

5

**DRIVERS
OF
WORKLOAD**

- Administration
- Inspection
- Observation
- Teacher assessment
- Evaluation



"The pressure of work is relentless and I don't know how much more I can take."

35%

of teachers receive
work-related emails
outside school hours

65%

receive them at
weekends

46%

receive them during
holidays

33%

receive them during
sickness absence

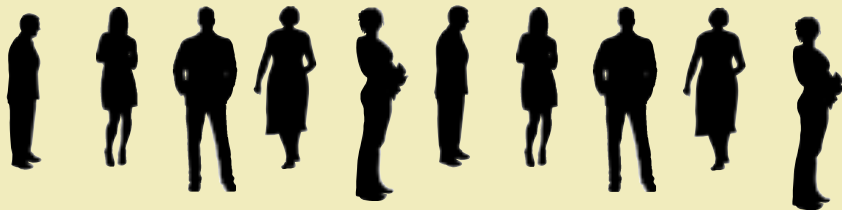


"The long hours and constant work pressure are taking their toll on my health. I feel burnt out."

73% of teachers have
experienced **more workplace
stress** in the last 12 months

Teachers say that their job is
impacting negatively on their
health and wellbeing





55% of teachers in
the last year have considered
quitting teaching altogether

52%

of women teachers

40%

of black and minority
ethnic teachers

29%

of young teachers

TACKLING WORKLOAD

Support for the NASUWT's industrial action campaign continues to grow.

At a time when teachers are deeply concerned about excessive workload, only the NASUWT's action short of strike action instructions on cover, planning, preparation and correction (PPC) time, working time and administrative and clerical tasks are providing protection for members and preventing the situation from being even worse.

It is vital that the action instructions are implemented fully in your school.

For more information go to
www.nasuwt.org.uk/IndustrialActionScotland

WHAT YOU CAN DO

Cover

Members should not exceed the contractual 22.5 hours contact time to provide cover.

Planning, Preparation and Correction Time

Members should refuse to teach their timetabled lessons if they do not have one third of their class contact time as timetabled PPC time.

Working Time

Members should not exceed their contractual working time of 35 hours per week.

Administrative and Clerical Tasks

Members should refuse to undertake any clerical and administrative tasks as defined in Annex E of the Teachers' Agreement.

